

MNCYN Regional Perinatal Program

Suggested List of Perinatal Policies, Guidelines, Standards of Nursing Care

Please note that this is not an exhaustive list but is intended as a suggested list only. Some of the suggested topics might not apply to the care provided in a specific hospital. Organizations are encouraged to determine which of these suggested topics they would include as either a policy, a guideline or a standard of nursing care.

Pregnancy / Labour and Birth

Level 1	Additional Suggestions for Level 2
Abdominal Palpation (Leopold's Manoeuvres)	Amnioinfusion in Labour
Adolescent Obstetrical Patient (Care of)	Antibody Screen Positive Patient (Nursing Care Plan)
Amniotomy	BMI (Elevated) (Nursing Care Plan)
Anaesthesia in Labour: <ul style="list-style-type: none"> ○ Epidural ○ Combined Spinal-Epidural ○ General Anaesthesia 	Breech (Vaginal Birth)
Assisted Vaginal Birth: Vacuum and Forceps	Deep Vein Thrombosis (Nursing Care Plan)
Breech Presentation	Diabetes in Pregnancy (Antenatal / Intrapartum Management)
Caesarean Section (Care of the Pt. with)	Early Pregnancy Clinic
Cervical Ripening <ul style="list-style-type: none"> ○ Bishop's Score ○ Prostaglandin Administration (Prostin, Prepidil, Cervidil) ○ Cervical Foley Catheter 	External Cephalic Version
Child Attendance at Birth	Fetal Scalp pH / Lactate Sampling
Comfort Measures for Labour (Non -Pharmacologic)	Methadone (Perinatal Management)
Cord Blood Collection (for private storage /use)	Multiple Gestation
Cord Blood Gas Sampling	
Cord Prolapse	
Delayed Cord Clamping	
Disposition of Abortuses, Stillbirths, and Deceased Neonates	
Disseminated Intravascular Coagulation	
Doula – Role of for Labour Management	
Evacuation – Specific for Labour/ Birth Unit	
Falls Prevention & Post Fall Assessment	
Fetal Fibronectin Testing	
Fetal Health Surveillance (Antenatal) <ul style="list-style-type: none"> ○ Biophysical Profile ○ Doppler Studies ○ Fetal Movement Counts* ○ Non-Stress Testing 	
Fetal Health Surveillance (Intrapartum) <ul style="list-style-type: none"> ○ Intermittent Auscultation ○ Continuous Electronic Fetal Monitoring 	

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Forceps-Assisted Birth	
Group B Streptococcal Infection	
Hepatitis in Pregnancy	
High Alert Medications	
Hypertensive Disorders of Pregnancy <ul style="list-style-type: none"> ○ Gestational hypertension ○ Preeclampsia ○ Eclampsia 	
Induction / Augmentation of Labour <ul style="list-style-type: none"> ○ Oxytocin Administration ○ Misoprostol) 	
Infection Prevention and Control (Unit Specific)	
Labour – General Nursing Care	
Labour Dystocia	
Malignant Hyperthermia	
Magnesium Sulphate (for Preeclampsia and Fetal Neuroprotection)	
Massive Transfusion Protocol	
Maternal/Fetal Transport	
Midwifery: <ul style="list-style-type: none"> ○ Standards of Practice ○ Consultation & Transfer of Care ○ Responsibilities of 2nd Attendant) 	
Narcotic Use in Labour (IM, IV, PCA)	
Nitroglycerin Treatment for Uterine Tachysystole	
Nitrous Oxide Administration	
Operating Room – Role of Obstetric Nurse	
Oxygen Saturation Monitoring in Labour	
Perinatal Loss	
Peri-viable Pregnancy Management	
Placenta: <ul style="list-style-type: none"> ○ Specimen Collection ○ Disposition of and Release to Family 	
Placental Abruption	
Placenta Previa	
Preterm Labour	
Preterm Premature Rupture of Membranes	
Rh Isoimmunization (Prevention and Treatment)	
Shoulder Dystocia	
Steroid Administration	
Substance Use in Pregnancy	
Surgical Safety Checklist	
Surrogacy	
Telephone Consultation	

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Tocolytic Use for Preterm Labour	
Transfer and Hand-off of Patient Care	
Transfusion of Blood Products	
Triage of the Obstetrical Patient	
Trial of Labour after Caesarean Section (TOLAC)	
Vacuum-Assisted Birth	
Vaginal Birth (Imminent)	
Vaginal Examination	
Videography in Labour	

Postpartum

Level 1	Additional Policies for Level 2
Bladder Catheterization and Post Void Residual (PVR) Protocols	Diabetes (Postpartum Management)
Bottle Feeding	
Breastfeeding (Baby Friendly Initiative)	
Breast Milk (Handling of)	
Car Seat Safety (Newborn)	
Discharge Criteria for Mother	
Discharge Education	
Evacuation – Specific for Maternal Child Unit	
Gastric Tube Insertion / Feeding	
Hypertension Disorders (Postpartum Nursing Care)	
Period of Purple Crying (Prevention of Shaken Baby Syndrome)	
Postpartum (Nursing Care Plan for Mother Post Vaginal or Post Caesarean Birth)	
Postpartum Anxiety and Depression Disorders	
Postpartum Hemorrhage – including: <ul style="list-style-type: none"> ○ Blood Transfusion ○ Balloon Tamponade 	
Rh Immune Globulin Administration	
Rubella Immunization Post Partum	

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Newborn

Level 1	Additional Policies for Level 2
Apprehension of the Newborn (Protocol with Children's Aid Society)	Donor Human Milk
Assessment of the Newborn (Head to Toe)	Expressed Breast Milk: Handling, Storage, Administration
Assessment of the Newborn Head Following Assisted Vaginal Birth (Forceps / Vacuum Extraction)	
Bathing the Infant	Hepatitis B
Blood Sample / Culture Collection	Human Milk Fortifier
Bottle Feeding (Care of Bottle Fed Baby)	Immunizations
Breastfeeding (Care of Breastfed Baby)	Lumbar Puncture
Car Seat Safety	Methadone
Care of the Late Preterm / Term Newborn – including <ul style="list-style-type: none"> ○ Eye Infection Prophylaxis ○ Vitamin K injection 	Oral Immune Therapy
Circumcision	Peripherally Inserted Central Catheters (PICC) - Insertion, Care & Maintenance
Congenital Dislocation of the Hip	Pneumothorax Management <ul style="list-style-type: none"> ○ Chest Tube Insertion ○ Thoracentesis
Critical Congenital Heart Disease (CCHD) (Assessment of)	Positioning the Neonate (>33 weeks)
Discharge Criteria for the Newborn	Probiotic Administration
Gastric Tube Feeding	Respiratory Distress – including: <ul style="list-style-type: none"> ○ Non-invasive PPV (NiPPV) ○ SiPAP ○ Management of Ventilated Infant
Hypoxic Ischemic Encephalopathy (H.I.E.) <ul style="list-style-type: none"> ○ Passive Cooling 	Surfactant Administration - including: <ul style="list-style-type: none"> ○ INSURE – Intubate, Surfactant, Extubate) ○ Minimally Invasive Surfactant Therapy (MIST)
Infant Security System	Total Parenteral Nutrition (TPN)
Intravenous Therapy	Urine Specimen Collection
Neonatal Abstinence Syndrome (N.A.S.) (including SSRI Withdrawal)	Venipuncture and Maintenance of the IV Site
Neonatal Hyperbilirubinemia – including: <ul style="list-style-type: none"> ○ Phototherapy Lights 	

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<ul style="list-style-type: none"> ○ Biliblanket ○ Bilimattress ○ Outpatient Bilirubin Assessments 	
Neonatal Hypoglycemia	
Neonatal Respiratory Distress – including: <ul style="list-style-type: none"> ○ Free Flow O₂ ○ CPAP ○ T-Piece Resuscitator ○ Intubation) 	
Neonatal Resuscitation	
Neonatal Screening	
Neonatal Sepsis – including: <ul style="list-style-type: none"> ○ Group B Streptococcal Infection 	
Neonatal Thermoregulation	
Neonatal Transport	
Oxygen Saturation Monitoring	
Reporting Child Protection Issues	
Safe Sleep	
Skin to Skin Care (Kangaroo Care)	
Stabilizing the Ill Newborn (Acute Care of At-Risk Newborn (ACoRN) Algorithms)	
Umbilical Venous Catheterization & Management	
Vital Sign Assessment	