

MIDWIFE OF THE MONTH



Sarah Redfearn



“This year marks Sarah’s 10th year of being a practice midwife in London! She is an incredible asset to the midwifery community. I am so proud Sarah and this nomination. A great start to 2021!”

– Katie Fisher, Chief of Midwifery

“I would like to nominate Sarah Redfearn from Midwives of Middlesex and Area for Midwife of the Month. Sarah is a force and a strong advocate for midwifery care. She is extremely hardworking and one of the founders of Midwives of Middlesex and Area. With just shy of 1000 babies born in the last 5 years, Sarah, with the other partners of MoMA, has made a mark for their practice, including the option of an out of hospital clinic birth room. In Sarah’s spare time, she educates and trains paramedics on birth and obstetrical emergencies. She participates in the training of all MLEMS paramedics with their PESP as well as continues to be a guest speaker for the paramedic program at Fanshawe College. She was previously an ambulance communications officer and has help to build positive relationships between midwives and paramedics in the London and surrounding communities. Sarah has also worked with South Western Ontario Regional Base Hospital Program in webinar development and website content on emergencies in childbirth. Furthermore, Sarah acts as a guest speaker for the 2nd year medical students at LHSC as well as for the Doula program at Fanshawe College, speaking specifically about midwifery and out of hospital birth. If that is not enough, Sarah also is a Neonatal Resuscitation Instructor and can often be seen running Mega Codes with the midwives. Sarah has also signed up to be an oxytocin trainer to support the department working to full scope. On an administrative note, Sarah has sat on the hospital Perinatal Mortality and Morbidity Committee at LHSC for several years and continues her work as an assessor for the College of Midwives of Ontario. Sarah, your dedication to the profession of midwifery is admirable and we all benefit from your advocacy, teaching, innovation and desire to move midwifery to the forefront. Thank you! “

If there is a midwife you would like to nominate, please email Katelyn.Fisher@lhsc.on.ca