

MIDWIFE OF THE MONTH



Jessica Riley



I wanted to nominate Jessica Riley for midwife of the month. She goes above and beyond in supporting her peers and clients, I literally do not know where she gets the energy. Whether it is covering admin work on her lunch, mentoring New Registrants through their transition, or being a shoulder to cry on, she always shows up for others in a big way.

Over the past year and a bit, Jessica dove into being the COVID-19 practice lead, always having the answer in an ever-changing situation. She is committed to ongoing learning, working through the McMaster Contraception program and brings that passion for learning to the students she precepts.

Jess has also spearheaded a collaborative partnership with an MFM to provide contraceptive options to TVM's Amish population. A truly wonderful interdisciplinary patient centered innovative initiative.

Jess has taken on the responsibility of precepting from early on in her career. Her commitment to student success is evident in the time she puts towards giving students every opportunity to learn and develop into confident midwives.

Jessica participates in the midwifery department at Woodstock General hospital and outside of work I am an avid backpacker/traveler. She originally was planning to take a leave and move to Costa Rica for 3 months before the pandemic happened. She enjoys staying active, spending time with family (and her cat Frankie) and trying new coffee shops.

Beyond this, she deeply cares for the wellbeing of her colleagues and clients alike. Her clients LOVE her, because the investment she has in them is so evident. Her confidence in the process of normal birth gives clients the space to grow self-assured throughout their care. I'm constantly grateful to have her as a teammate and friend alike. She's pretty darn great.

Congratulations Jess on being Midwife of the Month!

If there is a midwife you would like to nominate, please email Katelyn.Fisher@lhsc.on.ca